

# DIABETES IN CHILDREN AND YOUNG ADULTS KNOW THE WARNING SIGNS

Na Sik Wae Shuga Boku Na Yu Bodi, ɛn Na Sik Wae Dae Bi To  
Pikin ɛn Yɔng Pipul Dɛn. Fɔ No Wɔtin De Mek Yu Shuga Boku.

frequent  
urination

wae yu  
dae pis  
plenti  
wan



excessive thirst

Yu troat dae dry bad bad



bed  
wetting

Yu Kin  
Pisabed



weight  
loss

wae yu  
bodi dae  
ɔn



lack of  
energy

Trenk No  
Kin De  
Bɛɛ



Vomiting, dehydration, rapid  
breathing or coma (ketoacidosis)

Tɛm De We Yu Go De Vɔmit,  
Wata Kin Dɔn Na Yu Bodi, Yu  
Go De Blo Fas Fas ɔ I Kin Luk  
Lɛk Layf De Kɔmɔt Na U Bodi

If anyone shows these signs, check for diabetes immediately.  
Treatment is urgent.

Wɛn ɛnibodi Gɛt ɛni ɔf Dɛn Sayn Ya Na Fɔ Chɛk I Shuga  
Wantɛm Wantɛm ɛn Trit Am Kwik Kwik Wan.